

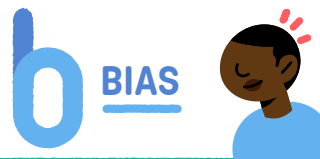
ALPHABET OF KEY CONCEPTS



ABUSE

Abuse happens when one person hurts another or forces them to do something they don't want to do. It's an unfair and harmful act that uses power to control or cause pain.

Example: If an adult hurts a child or forces them to keep a secret, it is abuse.



BIAS



CONSENT

Consent is when a person says "yes" and clearly agrees to something.

Example: If you want your friend to play with you, they must say "yes" so you can play together.



DIVERSITY



EMPATHY

Empathy is understanding how others feel and caring about them, especially when they are sad or in trouble.

Example: If your friend is crying because they lost their toy or were scolded by an adult, you listen and try to comfort them.



FEMINISM

Feminism is the idea that girls and boys should have the same rights and be treated equally.

Example: Feminists fight for girls to have the same right to go to school as boys.



GENDER NORMS

Gender norms are the ideas and rules that society has about what boys and girls "should" do or be: but gender is what one feels inside, and it can be different.

Example: People often think that girls shouldn't be leaders, but a girl can be a team captain and lead the group with confidence.



HUMAN RIGHTS



KINDNESS



MASCULINITY

Masculinity is what people expect boys to be or do, but since every boy is unique, masculinity can also change and be different for each person.

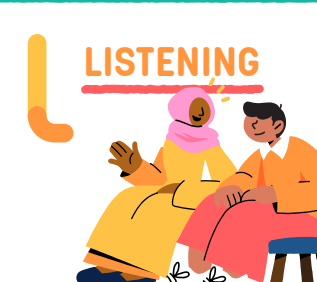
Example: A boy can cry, show affection, and play creative games, and that does not make him any less of a boy.



IDENTITY



JUDGEMENT



LISTENING



NEEDS



ORIENTATION



PROTECTION



QUESTIONING



RIGHTS



TABOO



UNDERSTANDING



STEREOTYPES

A stereotype is an idea we have about people before getting to know them, or something we learned from others, like thinking that boys should not cry or that girls only like dancing.

Example: Saying that a girl cannot play football just because she is a girl is a stereotype.



VIOLENCE



WELL-BEING



X CHROMOSOME



YOUTH EMPOWERMENT

ZERO TOLERANCE

