

You are considered a child if you are under the age of 18 years old



I NEED HELP! YOUR RIGHTS

# WHERE YOU GET HELP

A semi-circular graphic at the bottom of the page, divided into a green left half and an orange right half by a dashed white line. Inside this semi-circle, four hands of different skin tones (light green, light yellow, and two shades of orange) are reaching upwards towards the center. The text 'SOME USEFUL ADVICE AND CONTACTS TO HELP YOU' is written in the center in a bold, orange, sans-serif font.

SOME  
USEFUL  
ADVICE AND  
CONTACTS TO  
HELP YOU



Co-funded by the European Union



# YOU HAVE THE RIGHT TO SPEAK OUT

GOOD TO KNOW

Organisations will help you to get access to **free support** (food, accommodation, showers, doctors, school...) and will ensure that your rights are respected

Professionals (police officers, guardians, social workers, lawyers, judges, doctors ...) are people you can trust

If you are arrested you have the right to a **free lawyer**

If you don't speak the language of the country where you are, you have the right to a **free interpreter**

**DO NOT  
HESITATE  
TO ASK ABOUT  
YOUR RIGHTS  
AND CHALLENGE  
THINGS YOU  
DON'T AGREE  
WITH!**

# WITHOUT BEING SCARED

A stylized black figure composed of geometric shapes, with two large eyes at the top. The left eye contains a yellow icon of a person walking.

**ONLINE  
DATABANK FOR  
VICTIMS OF  
CRIMES TO FIND  
HELP NEARBY**

0800 22 555 30

<http://odabs.org>

A stylized red figure composed of geometric shapes, with two large eyes at the top. The left eye contains a yellow icon of a person walking.

**ONLINE SUPPORT  
FOR CHILDREN**

0800 22 555 30

[http://save-me-online.  
de](http://save-me-online.de)

A stylized yellow figure composed of geometric shapes, with two large eyes at the top. The left eye contains a yellow icon of a person walking.

**HELPLINE FOR  
SEXUAL ABUSE**

0800 22 555 30

[http://hilfeportal-missbrauch.  
de](http://hilfeportal-missbrauch.de)

A stylized beige figure composed of geometric shapes, with two large eyes at the top. The left eye contains a yellow icon of a person walking.

**HELPLINE FOR  
VIOLENCE  
AGAINST  
WOMEN**

08000 116 016





## WHAT CAN THE POLICE DO FOR YOU?

The police are here to protect you if you are a victim of violence, or if you are forced to do something you do not want to do.

- Police officers are reliable people.
- The police will NOT cause you harm.
- You should NOT be punished for something that you were forced to do, even if it is wrong/ against the law.

At a  
POLICE STATION YOU  
SHOULD ASK FOR A  
SPECIALIZED POLICE OFFICER  
WHO IS TRAINED TO  
INTERVIEW CHILDREN.  
THERE ARE ALSO OFFICERS  
ASSIGNED FOR VICTIM  
PROTECTION.

If you fear for your  
safety or someone  
else's safety,  
call

112 (medical emergency)  
or 110 (police)

# WHAT IS HUMAN TRAFFICKING?

You or one of your friends may be a victim of trafficking, without realising it.

Have you been in a situation in which you had to:

- have sex or perform sexual acts?
- work (for example, in someone's house doing housework or childcare, a factory or a restaurant)?
- beg, steal or commit crime?
- grow, carry or deal drugs?
- remove your organs to sell?
- Repay a 'debt' by working or providing some other service?

Have you/your family been threatened?

If you answer "yes" to one of these questions, you or your friend may be victim of trafficking.

## KOK – GERMAN NGO NETWORK AGAINST TRAFFICKING IN HUMAN BEINGS

Phone:

**0049 30 / 263 911 76**

<http://kok-gegen-menschenhandel.de>  
[info@kok-buero.de](mailto:info@kok-buero.de)

**HUMAN  
TRAFFICKING IS A  
SERIOUS CRIME AND A  
VIOLATION OF YOUR RIGHT.  
TALK TO A PROFESSIONAL  
YOU TRUST IF YOU ARE  
CONCERNED SO THEY CAN  
HELP STOP THE ABUSE, AND  
PROTECT OTHER YOUNG  
PEOPLE.**





- If you are from another country, you may need permission to stay in Germany. This means you have to apply for asylum or a residence permit. You can apply for asylum with the help of your guardian/ caretaker.
- You will be interviewed by someone from the Federal Office for Migration and Refugees (BAMF) and you can be accompanied by your guardian/ caretaker.
- Remember, you do not need official documents or immigration status to benefit from the child protection system.

- If you have no parents, a guardian will be appointed in order to support you. You can trust him or her. If you don't have a guardian, speak to your caretaker or to the youth welfare service.
- The guardian will make sure that your rights are respected. This includes access to medical/psychological care, to school and to appropriate accommodation. If you are a migrant your guardian will also support the process of asylum application.
- If you don't feel at ease with your guardian, or if you notice that he or she does not respect his/her duties, do not hesitate to contact someone from the youth welfare service. They will assign a new guardian with whom you will feel comfortable.

# THESE ORGANIZATIONS WILL HELP YOU:

## PRO ASYL'S HOTLINE SUPPORTS REFUGEES IN THEIR ASYLUM PROCEDURE

Phone:

**0049 69 / 242 314**

[proasyl@proasyl.de](mailto:proasyl@proasyl.de)

[http://proasyl.de/beratungss-  
tellen-vor-ort/](http://proasyl.de/beratungss-tellen-vor-ort/)

## FEDERAL ASSOCIATION FOR UNACCOMPANIED MINOR REFUGEES (BUMF)

individual advise by phone:

**0049 30 / 82 09 743  
0**

[info@b-umf.de](mailto:info@b-umf.de)

## CENTER FOR REFUGEE AND MIGRATION SERVICES (ZFM)

advise for underage  
refugees:

**0049 30 / 30 39 06  
52**

[info@migrationsdienste.org](mailto:info@migrationsdienste.org)





In Germany, as a child, you have a right to a **free lawyer** and **free psychosocial support**.

- The information you will share with your lawyer is absolutely confidential. Do not hesitate to tell him/her about your story, even if you have told another story before.
- You have the right to a professional interpreter, free of charge, during court proceedings and police interviews. If you do not feel comfortable with your interpreter, you can ask for another one.

Social Workers are trusted adults. Their job is to help you. They will help you get access to free assistance (food, accommodation, doctors, school...) and make sure your rights are respected. They work in places like counselling centres or in youth centres.



## HEALTH

- You have the right to a **free doctor**.

## AGE ASSESSMENT

- Being a child gives you access to specific protections. Authorities may want to check your age to make sure you are a child. Therefore, it is always better to tell the truth about your age.

**YOU CAN TELL YOUR  
DOCTOR  
ABOUT ANY MEDICAL PRO-  
BLEMS  
YOU ARE  
EXPERIENCING.**



**KOK  
GERMAN NGO NETWORK  
AGAINST TRAFFICKING  
IN HUMAN BEINGS**

Phone:  
**0049 30 / 263 911 76**

[info@kok-buero.de](mailto:info@kok-buero.de)  
<http://kok-gegen-menschenhandel.de>

**THE ORGANIZATION WEISSER  
RING PROVIDES CONTACT  
DETAILS OF LAWYERS**

Phone:  
**0049 6131 / 83 03 0**

[info@weisser-ring.de](mailto:info@weisser-ring.de)  
<http://weisser-ring.de>

**INFORMATION FOR VICTIMS  
ABOUT LEGAL PROCEEDINGS**

<http://zeugininfo.de>

**BPP  
ASSOCIATION FOR  
PSYCHOSOCIAL SUPPORT IN  
COURT PROCEEDINGS**

<http://bpp-bundesverband.de>

IF YOU NEED ADVICE OR SOCIAL ASSISTANCE



**HOW CAN YOUR  
AGE BE CHECKED?**

Verification of ID papers /  
birth certificate /  
travel documents

Interview with a professional

Medical examination (by a doc-  
tor of your gender)

➤ You have the right to contest  
the result of the age assessment.  
Ask your guardian or someone  
you trust to help you.

➤ As a refugee you don't have to  
tolerate medical examination  
for age assessment (e.g. by x-ray)

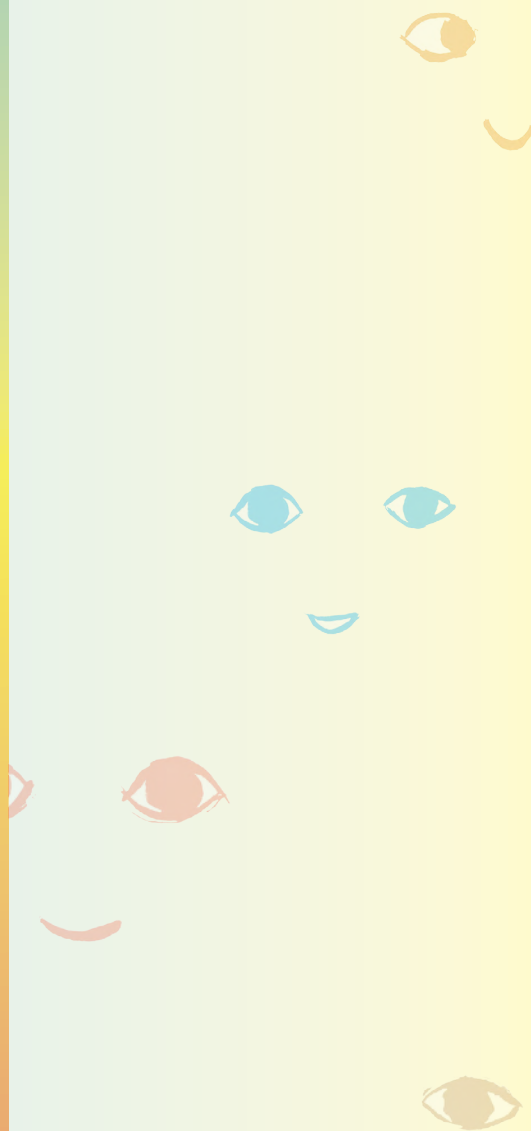


## EDUCATION IS FREE IN GERMANY

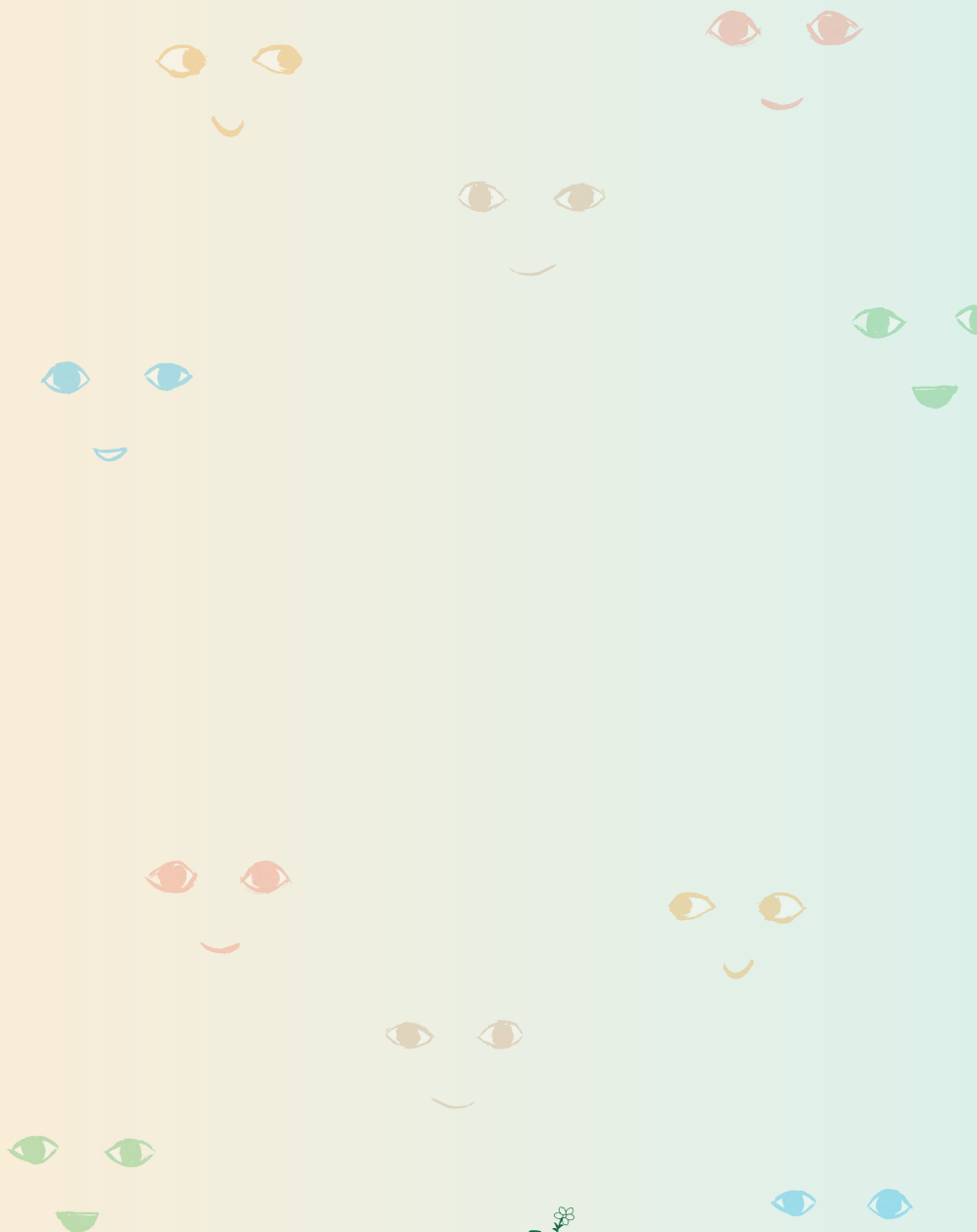
- It is an obligation for German children to go to school.
- For foreign children, there is a right to go to school.



You  
should ask  
professionals  
(caretakers, guardians) to  
help you to find a school.  
It is important to be in  
contact with others in  
your age group.







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